



DANCE STUDIES

Time: 3 hours

150 marks

PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY

1. This question paper consists of 9 pages and 4 music tracks. Please check that your question paper is complete.
2. Read the questions carefully.
3. Number your answers exactly as the questions are numbered.
4. You are required to **choose** between QUESTION 2 and QUESTION 3. Answer all the other questions.
5. All answers must be in essay/paragraph format unless otherwise stated.
6. Begin each section on a new page.
7. Leave **THREE** lines open after each answer.
8. It is in your interest to write legibly and to present your work neatly. No Tippex is allowed.
9. Credit will be given (where appropriate) for:
 - interpretation and explanation.
 - evidence of personal observation and understanding.
10. You may choose to stand up and move your body at your desk for some anatomy questions.
11. Please use the voice label for each music track to determine which track needs to be listened to for each question. It is **advisable** to answer Section B first. Listen to the music on the CD/MP3 and answer the questions.

SECTION A DANCE HISTORY AND THEORY**QUESTION 1**

Refer to the table of the prescribed choreographers and dance works below and answer the questions that follow.

INTERNATIONAL CHOREOGRAPHERS	DANCE WORKS	SOUTH AFRICAN CHOREOGRAPHERS	DANCE WORKS
Alvin Ailey	<i>Revelations</i>	Alfred Hinkel and Magnet Theatre	<i>Cargo</i>
Sir Kenneth Macmillan	<i>Romeo and Juliet</i>	Alfred Hinkel	<i>Last Dance (Bolero)</i>
Christopher Bruce	<i>Ghost Dances</i>	Gregory Maqoma	<i>Four Seasons</i>

Construct a **comparative** essay, by selecting **ONE** of the international dance works and **ONE** of the South African dance works you have studied.

Use the following bullet points to help guide your essay when writing about your chosen works.

- Name the TWO dance works you have chosen.
- Provide biographical information on **both** the choreographers and explain the different backgrounds, training and inspirations that influenced their choreography. (4 × 2)
- The synopsis and intention of both dance works. (3 × 2)
- Compare the similarities and differences of the production elements used in the works. (5 × 2)
- Elaborate on the movement vocabulary used to build the characterisation and atmosphere in each work and give examples from both works. (6 × 2)
- Name the dance work you enjoyed the most and give your substantiated opinion of the work. (4)

Use the following rubric to guide your answer.

Levels	Criteria
7 (40–35 marks)	The candidate's response is clear, insightful, and accurate when comparing the dance works. He/She provided all relevant biographical information, discusses the dance works in detail and can substantiate clearly and convincingly how the choreographers use movement vocabulary and production elements to convey their ideas. Critically reflect on preferred work.
6 (34–30 marks)	The candidate's response is good, showing some insight and accuracy. He/She includes good information, giving insight into how the choreographers use movement vocabulary and production elements to convey their ideas.
4–5 (29–22 marks)	The candidate's response is fair but lacks insight and accuracy. He/She includes some information, giving adequate insight into how the choreographers use movement vocabulary and production elements to convey their ideas.
3 (21–16 marks)	The candidate's response shows some knowledge of the facts but lacks insight and substantiation. He/She includes very little information and provides little insight into how the choreographers use movement vocabulary and production elements to convey their ideas.
2 (15–9 marks)	The candidate's response is weak, showing very little insight and accuracy. The information about how the choreographers use movement vocabulary and production elements to convey their ideas lacks detail and substantiation.
1 (8–0 marks)	The candidate fails to give an adequate answer to the question.

[40]

ANSWER EITHER QUESTION 2 OR QUESTION 3**QUESTION 2**

Read the abstract below and answer the questions that follow.

March 2, 2019

By Jessica Poulter

***Beats on Pointe* smashes hybrid dance style of hip-hop and ballet**

Masters of Choreography's *Beats on Pointe* showcased its own hybrid style of neo-classical and hip-hop that captured audiences' hearts at the Athenaeum Theatre in Melbourne.

It was not until the second act that the show really took flight. *Beats on Pointe* became less about which style was better (hip-hop or ballet) and more about fusing the two into a hybrid style. The choreography interwove moments of both styles and used creative elements such as UV-lit tutus and torches to bring the ballet sections up to the same energy and intensity as the urban sections. Elements of singing, beat-boxing and drumming all weaved their way into the production to not only highlight the dancers' musical skills, but also bring diversity to the term 'beats' in its title.

Beats on Pointe's cast is to be congratulated on producing a powerful show that demonstrates the true talent of the Australian dance industry. We cannot wait to see how their world tour goes.

[Sourced from: <<https://www.dancewriter.com.au/reviews/beats-on-pointe-smashes-hybrid-dance-style-of-hip-hop-and-ballet/>>]

- 2.1 Having read the abstract from Jessica Poulter's article, discuss your understanding of the term "hybrid dance style". (2)
- 2.2 Using the words "*dance genre*" or "*dance style*", complete the sentences below (2.2.1 & 2.2.2).
- 2.2.1 ... is the category of dance. i.e: Ballet. (1)
- 2.2.2 ... is how it is performed. i.e: Neo-classical ballet, Romantic ballet, Classical ballet. (1)
- 2.3 Many choreographers have used a combination of styles or techniques in their dance works. Name ONE of the prescribed works you have studied that displays more than one dance style. In your opinion, discuss how effective the choreographer's choice of dance styles and/or technique enhanced the dance work. (4)
- 2.4 As part of your Grade 12 final practical examination, you performed a technical class in your chosen dance elective. Name your elected dance genre. List FOUR principles that define this genre. Explain how they were used in your technical classwork. (8)
- 2.5 In addition to the technical classwork you performed, you also choreographed your OWN dance piece. Discuss FOUR of the choreographic techniques and elements you used. (4)

[20]

OR

QUESTION 3

- 3.1 Give a clear definition of the term, *Dance*. (2)
- 3.2 Discuss the difference between "concert dance" and "cultural dance". (6)
- 3.3 People dance for many reasons. List FOUR functions of dance in society. Elaborate how dance can be of value in society. (8)
- 3.4 Dance is a symbolic language and like all language, it has its identifiable structures and meanings. Study the photo below and discuss what the movement in the picture conveys to you. (4)



[Image from: <<https://www.google.com/imgres?imgurl=https%3A%2F%2Fobj.shine.cn>>]

[20]**60 marks**

SECTION B MUSIC APPRECIATION

QUESTION 4

Below are images of different musical instruments. Categorise each of the instruments labelled 4.1–4.5 according to sound classification.

4.1



4.2



4.3



4.4



4.5



[Images from:
<https://courses.lumenlearning.com/musicappreciation_with_theory/chapter/introduction-2/>
<<https://za.pinterest.com/pin/438045501227980711/>>
<<https://www.sonokinetic.net/>>]

[5]

QUESTION 5

There are four music tracks on your CD/MP3 player. Listen to all four tracks and give the following information:

- 5.1 Identify the time signatures of tracks 1–4. (Label the tracks Track 1 to Track 4.) (4)
- 5.2 Classify the musical genre of tracks 1–4. (Label the tracks Track 1 to Track 4.) (4)
- 5.3 Listen to Track 2 on the CD/MP3 player again. Using the experience you gained in choreography, discuss how you would use the music on Track 2 in a group dance. Visualise the movement vocabulary you would consider and explain how the music influenced your choices. (6)
- [14]**

QUESTION 6

Choose FIVE musical terms from the word bank below and define each of the musical terms you have selected.

vivace	forte	grave	tempo	texture	largo
allegretto	prestissimo	lento	decrescendo	adagio	

[5]

QUESTION 7

When studying your prescribed dance works, you spent time analysing the choreographer's choice of music. Discuss the music from a prescribed South African dance work you have studied. Provide information concerning the composer, the musical instrumentation and conclude how the music contributed to the dance work.

[6]

30 marks

SECTION C ANATOMY AND HEALTHCARE

QUESTION 8

8.1 There are common myths and false statements about eating disorders. Indicate whether the following statements are TRUE or FALSE.

8.1.1 Anorexia can kill people. (1)

8.1.2 Eating disorders only affect Caucasian females who are well educated and from the upper socio-economic class. (1)

8.1.3 Anorexia is a lifestyle choice. (1)

8.1.4 Purging is an effective way to lose weight. (1)

8.1.5 Anorexia nervosa only affects underweight individuals. (1)

8.2 Linda Hamilton states:

"Generally, someone who develops an eating disorder has a predisposition, with several factors at play. For ballerinas, it is of course the ballet culture, which is competitive and demanding."

[Source: <https://www.washingtonpost.com/national/health-science/a-ballet-of-living-hell-ex-dancer-recounts-her-battle-with-anorexia/2018/11/09/adad582c-d169-11e8-b2d2-f397227b43f0_story.html>]

Consider this statement. Do you agree or disagree with this statement? Substantiate your answer explaining the symptoms, causes, and possible treatments of an eating disorder. (10)

Use the following rubric to guide your answer for Question 8.2.

Levels	Criteria
7 (10 marks)	The candidate's response is clear, insightful and accurate. He/She includes accurate and comprehensive information on various symptoms, causes and treatments of eating disorders.
6 (9–8 marks)	The candidate's response is good, showing some insight and accuracy. He/She includes good information on symptoms, causes and treatments of eating disorders.
5 (7–6 marks)	The candidate's response is fair, but is lacking in insight and accuracy. He/She includes some information on symptoms, causes and treatments of eating disorders.
4 (5–4 marks)	The candidate's response shows some knowledge of the facts, but lacks insight and substantiation. He/she includes very little information on the symptoms, causes and treatments of eating disorders.
3–2 (3–2 marks)	The candidate's response is weak, showing very little insight and accuracy. The information on symptoms, causes and treatments of eating disorders is lacking.
1 (1–0 mark)	The candidate has failed to give an adequate answer to the question.

[15]

QUESTION 9

Analyse the image below of the dancer executing a pirouette and answer the following questions.



[Source: <<https://www.energetiksblog.com.au/blog/2017/6/7/dance-advice-the-art-of-pirouettes>>]

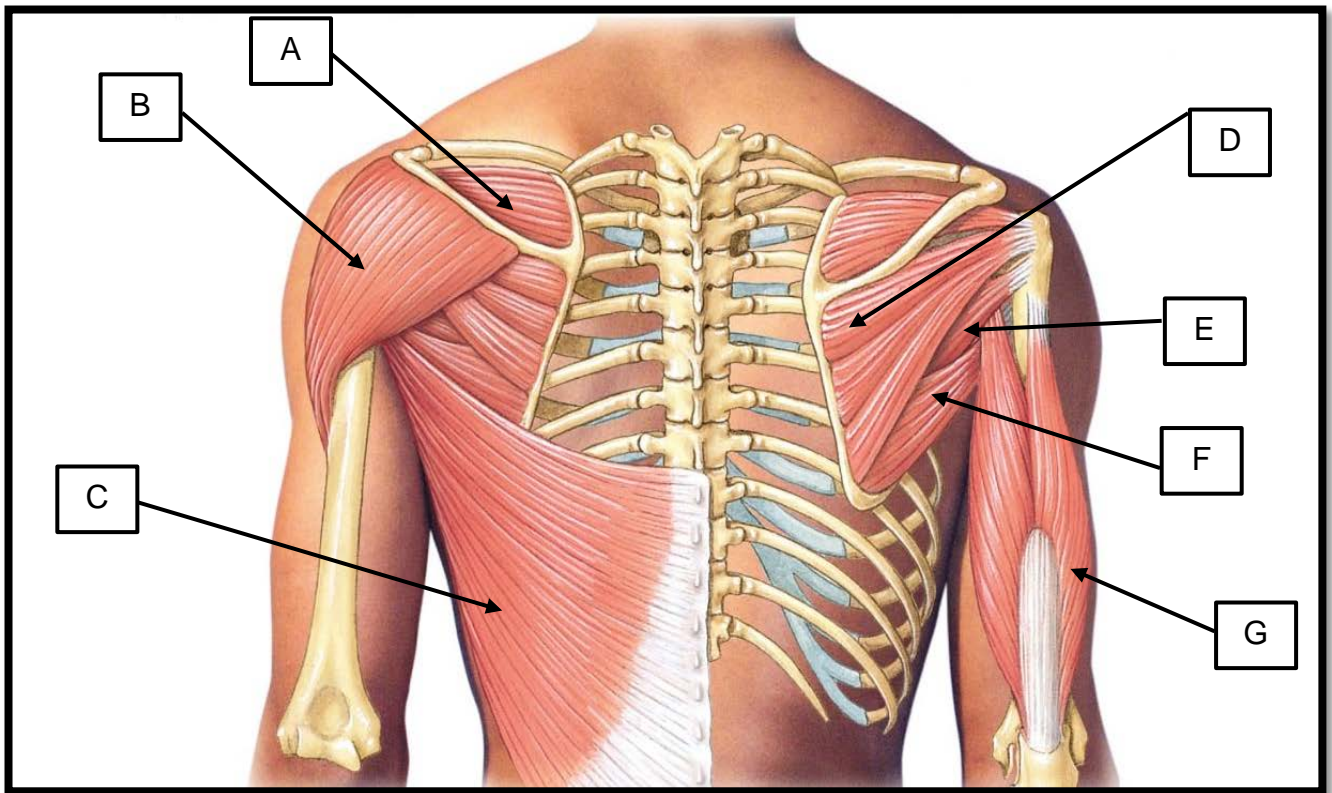
Glossary: Pirouette (noun): an act of spinning or turning on one foot, typically with the raised foot touching the knee of the supporting leg.

- 9.1 The image indicates that the dancer is executing a *pirouette*.
- 9.1.1 Analyse which muscles are engaged to maintain the upright position of the body. (7)
- 9.1.2 Discuss the importance of core stability in the execution of a *pirouette*. Give THREE reasons. (3)
- 9.1.3 Analyse the anatomical action and muscles engaged in the hip joint. (4)
- 9.2 Explain the difference between good posture and alignment. (2)
- 9.3 List TWO benefits of good posture. (2)
- 9.4 Give the **anatomical actions** and the **muscles responsible** in the dancer's:
- 9.4.1 left ankle joint (2)
- 9.4.2 right knee joint (2)
- 9.4.3 right shoulder joint (2)
- 9.4.3 left elbow joint (2)

[26]

QUESTION 10

Analyse the image below of the posterior view of the torso and answer the questions that follow.



[Source: <<https://www.thinglink.com/scene/733818036217184257>>]

- 10.1 Name the muscles labelled A to G. (7)
- 10.2 Provide the muscle actions for the following muscles. (Check the mark allocation. Each action = 1 Mark)
 - 10.2.1 Muscle B (2)
 - 10.2.2 Muscle C (3)
 - 10.2.3 Muscle F (2)
 - 10.2.4 Muscle G (1)
- 10.3 A good male dance partner will spend an enormous amount of time relying on the strength of his upper body and arms. During a rehearsal, he experiences severe pain in his left biceps. Upon medical treatment, the physiotherapist suggests the 'RICE' method of treatment. Indicate what the acronym 'RICE' stands for. (4)

[19]

60 marks

Total: 150 marks